

## Corona Virus Policies and Liability Release Form

**In order to keep our office as clean and safe as possible and remain in adherence with the ordinances set forth by the Governor, we ask all clients to adhere to the following:**

I, (print name)\_\_\_\_\_ agree to adhere to the following policies:

Please take your temperature on the morning of your appointment. If you are running a temperature over 99F, please call immediately and cancel your appointment. There will be no penalty for canceling before 8:30AM on the morning of your appointment if you have an elevated temperature or are exhibiting symptoms of a contagious condition. Please let us know before operating hours so that we may have a chance to fill the appointment. **Last minute cancellations and no shows will be billed the full amount of the missed appointment.**

Due to construction, we only have one parking space in the front. It is reserved for our handicapped clients. Please park in the rear of the building. Please allow a few minutes extra to get here. Construction patterns change daily.

In order to keep social distancing, please **DO NOT ENTER THE OFFICE EARLY FOR YOUR APPOINTMENT. COME IN ONLY AT YOUR APPOINTMENT TIME. If you arrive early, please wait in your car until your appointment time.** Clients are spaced in accordance with the orders of the Governor: **"Allowing only one patron per service provider in the business at any one time..."** and **"Requiring patrons to wait in car their until service provider is ready..."**.

Please do not bring anyone in the building with you. An aid, parent or guardian (for children under 18 it is required), may accompany a client only if necessary, and they must wear a mask.

Please do not bring anything with you that you that is not necessary such as purses, phones, bags, etc. Leave them locked in your car. Only bring in your keys, method of payment, and a calendar (or your phone if you need to access your calendar) if you need to schedule future appointments, and a pen if you wish to use your own.

**Please wear a mask.** If you do not have one, a mask will be given to you.

Upon arrival, go straight to the restroom and wash your hands with soap for **30 seconds**. If you need to use the restroom, please do so while you are there.

We ask that if you do need to sit down in the waiting room, that you sit only on the leather sofa or chair. Please do not sit on the upholstered chair, we cannot sanitize it. We know it is a favorite for some clients, and we apologize for this inconvenience.

In the treatment room, if you need to disrobe, please put your clothes on the chair or tray and not on the coat rack or floor.

After your appointment, if you need to use the restroom again, please be sure to wash your hands again with soap for **30 seconds**.

Upon completion of your appointment, we would love to visit like we used to do. But we are only allowed to have one person in at a time. Please conduct business quickly so that we can take the next client.

Thank you so much for coming. We appreciate your understanding of these new policies.

Signature of client, parent, or guardian\_\_\_\_\_Date:\_\_\_\_\_

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Due to the 2019-2020 outbreak of the novel Corona virus, COVID-19, we are taking extra precautions with the intake of each client, health history review, as well as sanitation and disinfecting practices. Please complete the following and sign below.

Symptoms of COVID-19 include:

- Fever
- Fatigue
- Cough
- Difficulty breathing
- Sore throat
- Nasal/sinus congestion
- Diarrhea
- Headaches
- Unusual aches and pains
- New loss of taste or smell

I, (print name) \_\_\_\_\_ agree to the following:

I understand the above symptoms and affirm that I, as well as all household members, do not currently have, nor have experienced the symptoms listed above within the last 14 days.

I affirm that I, as well as all household members, have not been diagnosed with COVID19 within the last 30 days.

I affirm that I, as well as all household members, have not knowingly been exposed to anyone diagnosed with COVID-19 within the last 30 days.

I affirm that I, as well as all household members, have not, nor have we been exposed to, anyone who has, traveled outside of the country, or to any city outside of our own that is or has been considered a "hot spot" for COVID-19 infections within the last 30 days.

I understand that this business and my massage therapist cannot be held liable for any exposure to the virus or any other contagion caused by misinformation on this form or the health history provided by me.

By signing below I agree to each above statement and release the massage therapist and business from any and all liability for the unintentional exposure or harm due to COVID-19 or any other infectious disease.

Your massage therapist and all employees of this facility agree that they abide by these same standards and affirm the same. We also affirm that we have improved and expanded our sanitation protocols to more thoroughly fight the spread of COVID-19 and other communicable conditions.

Signature of Client, Parent, or Guardian

\_\_\_\_\_ Date \_\_\_\_\_

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**We strive to have the cleanest and safest practices in place for you. Your health and safety are our primary concern. We have combined guidelines from the Governor, our massage insurance for safe practice, the CDC, and OSHA. Here is what we are doing:**

There are three treatment rooms. Rooms will be rotated so that clients will not be seen back to back in the same room. If a room has been used, it will not be used again for at least one hour. The treatment rooms are cleaned after each client. The office is cleaned at lunch, after morning appointments, and at the close of the day, after afternoon appointments. We use hospital grade virucide.

We have medical grade air filtration units to remove and kill viruses and bacteria from the air.

We are using UVC light which actively kills viruses and bacteria on surfaces.

We are still able to provide clients with BioMat therapy and extra padding on the tables. Soft surfaces on tables are covered with vinyl which can be disinfected.

Any pillows used during service times will be fitted with washable vinyl covers.

Face cradles are fitted with FDA approved level 1 barrier fabric to capture droplets from the mouth or nose when the client is face down.

All staff will have their temperatures taken daily. If we exhibit any signs of illness or have been exposed to anyone who has been diagnosed with Covid-19, we will call you and cancel/reschedule your appointment.

We will not visit any "hot spots" or expose ourselves to anyone who has traveled outside of the country or visited any "hot spots."

Your therapist will be wearing gloves.

Your therapist will be wearing a cloth mask which was made to Tanner hospital's specification for its employees who do not need N95 or other similar masks.

Your therapist will wear a gown which is made from FDA approved level 1 barrier fabric. They are the same ones used by Tanner hospitals.

All linens are washed in hot water and kept in closed containers, cabinets, or closets.